



中國香港棍網球總會有限公司

CHINA HONG KONG LACROSSE ASSOCIATION LIMITED

Unit B, 16/F, North Point Industrial Building, 499 King's Road, Hong Kong
Tel: 852-2114 3405 Fax: 852-2580 5322 Email: info@hklax.org Website: www.hklax.org

2023 香港棍網球公開賽 Youth Festival – U8 / U10 / U12 精英隊選拔

章程

由中國香港棍網球總會主辦的 2023 香港棍網球公開賽將於 2023 年 4 月 7-10 日舉行，期間 **4 月 9 日** 為 Youth Festival，活動包括 U12 兒童棍網球比賽，為此本會希望招募本地兒童球員，成立 U8，U10 及 U12 組別的精英隊，重點培訓有潛質的球員，與外地隊伍交流切磋。本會教練會於選拔期間審核球員各方面的能力，成功通過選拔的球員將接受為期兩個月的訓練，並於棍網球公開賽出賽。選拔及訓練詳情如下：

年齡組別

U8	2014 年 4 月 10 日或之後出生 及 2017 年 4 月 9 日或之前出生
U10	2012 年 4 月 10 日或之後出生 及 2014 年 4 月 9 日或之前出生
U12	2010 年 4 月 10 日或之後出生 及 2012 年 4 月 9 日或之前出生

選拔細則

日期：2023 年 2 月 11 日（星期六）

時間：13:00 – 14:30

地點：

年齡組別	地點	地址
U8, U10	九龍華仁書院草地足球場	九龍油麻地窩打老道 56 號
U12	西洋波會	九龍京士柏加士居道 20 號

費用：港幣 100 元正

報名方法：經總會網上報名系統報名

報名截止日期：2023年2月5日（星期日）

服飾及裝備：球員應穿著帶號碼的球衣、合適運動服及自備球棍，不需穿著護甲。
是次甄選將於每個年齡組別挑選16-20人成為精英隊成員參與訓練。

選拔準則：

- 1) 球員之個人技術及能力
- 2) 球員之團隊配合能力及球商
- 3) 球員之紀律、態度與責任感



中國香港棍網球總會有限公司

CHINA HONG KONG LACROSSE ASSOCIATION LIMITED

Unit B, 16/F, North Point Industrial Building, 499 King's Road, Hong Kong
Tel: 852-2114 3405 Fax: 852-2580 5322 Email: info@hklax.org Website: www.hklax.org

訓練詳情

日期：2月17, 24, 26日；

3月3, 5, 10, 12, 17, 24, 26, 31日；

4月2日(星期三及五)

訓練時間及地點（所有年齡組別）：

星期	時間	地點	地址
五	18:00 – 19:30	英皇佐治五世學校	何文田天光道2號
日	13:30 – 15:00	西洋波會	九龍京士柏加士居道20號

訓練費用：港幣1200元正（連同比賽球衣費）

進入西洋波會前，請細閱以下守則：

1. 禁止穿著釘鞋
2. 請勿於更衣室聚集及存放個人物品
3. 請勿進食外來食物及飲品，飲用水除外
4. 如有需要，可於餐廳吧內購買飲料
5. 尊重場地內的西洋波會會員
6. 離開前請自行清理垃圾

如有任何查詢，歡迎聯絡致電24582017或WhatsApp (24582017) 韓小姐。



中國香港棍網球總會有限公司

CHINA HONG KONG LACROSSE ASSOCIATION LIMITED

Unit B, 16/F, North Point Industrial Building, 499 King's Road, Hong Kong
Tel: 852-2114 3405 Fax: 852-2580 5322 Email: info@hklax.org Website: www.hklax.org

2023 Hong Kong Lacrosse Open Youth Festival - U8 / U10 / U12 Elite Team

Organized by China Hong Kong Lacrosse Association, the 2023 Hong Kong Lacrosse Open will be held from April 7-10, 2023. Youth Festival will be held on **April 9, 2023**. There will be a U12 kid's tournament during the event. For this reason, HKLA would like to set up Elite Teams in U8, U10 and U12 groups for the tournament. Talented youth players will be selected for focused training and play against foreign teams. Coaches will assess the abilities in all aspects during the try-out. Players who are selected will participate in two months of training and compete in the Hong Kong Lacrosse Open. The details are as follows:

Age Group

U8	On or after April 10, 2014 and on or before April 9, 2017
U10	On or after April 10, 2012 and on or before April 9, 2014
U12	On or after April 10, 2010 and on or before April 9, 2012

Try-out Information

Date: Feb 11th 2023 (Saturday)

Time : 13:00 – 14:30

Location :

Age Group	Location	Address
U8, U10	Wah Yan College Kowloon Artificial Turf	56 Waterloo Road, Yau Ma Tei, Kowloon
U12	Club De Recreio	20 Gascoigne Road, King's Park, Kowloon

Fee: HKD 100

Application Method: Through HKLA website application system

Application Deadline: Feb 5th 2023 (Sunday)

Apparels & Equipment

All players must wear a jersey/pinnie with number, and wear proper sports attire. All players must bring their own stick, no protective equipment will be required.

16-20 players will be selected as the elite team members to participate in regular trainings.

Selection criteria:

1. Player's personal skills and abilities
2. Players' teamwork ability and Lax IQ
3. Players' discipline, attitude and responsibility



中國香港棍網球總會有限公司

CHINA HONG KONG LACROSSE ASSOCIATION LIMITED

Unit B, 16/F, North Point Industrial Building, 499 King's Road, Hong Kong
Tel: 852-2114 3405 Fax: 852-2580 5322 Email: info@hklax.org Website: www.hklax.org

Training Information

Date: Feb 17, 24, 26 ;

Mar 3, 5, 10, 12, 17, 24, 26, 31;

Apr 2 (Wednesday & Friday)

Training Location & Time(All Age Group):

Day	Time	Location	Address
Friday	18:00 – 19:30	King George V School	2 Tin Kwong Road, Ho Man Tin, Kowloon
Sunday	13:30 – 15:00	Club De Recreio	20 Gascoigne Road, King's Park, Kowloon

Training Fee: HKD 1200 (Including Tournament Apparel)

Rules & Regulation in Club De Recreio:

1. NO CLEATS
2. Do NOT gather in the bathrooms.
3. No Outside food or drinks with the exception of water will be allowed to be consumed and drunk in the Club Grounds.
4. Drinks may be purchased at the bar
5. Be respectful of members of the club
6. Please pick up all the rubbish and empty bottles and place them in bins.

Should you have any queries, please do not hesitate to WhatsApp Miss Hon (24582017).